

## Lite Bites

### Daily Soup (vg)(gfa)

Always vegan, always delicious. Served with a side of toasted sliced bread from Staff of Life & Flora dairy free spread £6.00

### Soup & Cheese Scone (v)

Delicious vegan soup served with a warm Bakery No4 cheese scone & Cumbrian butter £7.50

### Chicken Strip Sarnie

Our pickle juice & buttermilk marinated chicken strips coated in our spiced coating, sriracha buffalo sauce & cucumber ranch with rocket salad £8.50

### Pulled Pork Sarnie

In-house 24-hour braised pork shoulder mixed with BBQ sauce, watercress & pickled shallot salad £8.50

### Katsu Curry Fries (vg)(gf)

Madras seasoned skin on fries, topped with katsu curry mayonnaise & mango chutney. Finished with toasted coconut, crispy shallots & chopped coriander £6.25

### BBQ Fries (vg)

BBQ-seasoned fries topped with our beer-braised onions, house BBQ sauce, crispy shallots & spring onions £6.25

Add pulled pork belly + £2

### Honey & Mustard-Glazed Sausages

Local Cumbrian cocktail sausages & silver skin onions glazed in our beer honey & grain mustard £7.00

### Crispy Chicken Strips (gf)

Spicy sriracha buffalo sauce & cucumber ranch £6.25

### Salted Fries (vg) (gf) £4.25

### Signature BA Seasoned Fries (vg) (gf) £4.25

### Oven Roasted Chilli & Lemon Olives

(vg) (gf) £4.00

Our Daytime Menu is served:

12-5pm Tue-Sat

12-6pm Sun

# Daytime

## Cakes

We proudly serve cakes from renowned local bakeries here in Kendal. We have a wide selection including gluten-free and vegan options. Ask for more information.

### Sweet Treats by Martin Frickel

### Tray Bakes £4.25

Head to the counter to see today's selection

### Bakery No.4

### Loaf Cake Slice £4.00

Please ask for today's variety

### Cheese or Fruit Scone £4.00

Served with Cumbrian butter

Add jam + 50p

**Allergies:** Most of our sauces are soy milk based, no mayonnaise is used meaning they are vegan & dairy-free. Our seasonings are made using ground toasted rice. Should you have concerns about the ingredients we use in our dishes, please do not hesitate to ask a member of our catering team who will happily assist you. Please note that our kitchen is not an allergen-free environment.

Key:

vg - vegan

v - vegetarian

vga - vegan option available

gf - gluten-free

gfa - gluten-free available

EVOO - Extra Virgin Olive Oil



Off food for Members

